

School!

Fundraising Pack



DRESS UP
AS YOUR
FAVOURITE
MUSIC ICON!





NORTHERN IRELAND Music THERAPY TRUST

Life changing support through music therapy



Dear Principal / Teacher,

We are delighted to invite your school to take part in a fun and exciting fundraising initiative in support of the Northern Ireland Music Therapy Trust.

Our fundraising theme is: "Dress as Your Favourite Music Icon" Non-Uniform Day.

Pupils and staff are encouraged to come to school dressed as their favourite singer, band member, musician, or music star while making a small donation to support the incredible work of the Northern Ireland Music Therapy Trust.

Music therapy changes lives by supporting children, young people, and adults with emotional, physical, learning, and communication needs across Northern Ireland. Your school's participation will help raise both awareness and vital funds for this important cause.

Details (See poster attached)

- Event: Non-Uniform Day – Dress as Your Favourite Music Icon
- Suggested Donation: £1–£2 per pupil
- Date: [Insert Date]
- Who Can Take Part: Pupils and staff

This is a fantastic opportunity to bring music, creativity, and fun into the school day while supporting a meaningful local charity. We would love for your school community to join us in making this event a great success.

If you would like to participate or require any additional information, please get in touch at:
fundraising@nimusictherapytrust.co.uk

Thank you for your support and for helping us make a positive difference through music therapy.

Kind regards,

A. Watson

Amanda Watson

Income Generation Lead

Northern Ireland Music Therapy Trust



SCHOOL:

DATE:

FUNDRAISER: NON-UNIFORM DAY

***** DONATE £1.00 PER PUPIL *****



Just Giving Page

The easiest and safest way to fundraise is to set up a **Just Giving Page**, this ensures that you do not have to handle cash. However, if you prefer a sponsorship form, we have one on the next page that you can share with your household.

Setting up your Just Giving Page

Log into your account and click 'Start Fundraising'.

1. When asked **Are you fundraising for a registered charity?** select **Yes** and continue.
2. Search for the cause you want to support: **Northern Ireland Music Therapy Trust.**
3. www.justgiving.com/charity/Music-Therapy-Trust
4. Let us know whether you're taking part in an event, celebrating an occasion, fundraising in memory or doing your own thing.
5. If you can't see your event listed, select '**Add your own**' at the bottom of the page and tell us a bit more about your activity.
6. Choose your web /social media address – this is the link you'll be sharing with friends and family when asking them to donate.
7. Tick **Yes** if you're running a bake sale, or selling tickets to an event, raffle or auction. Donations to your Page won't be eligible for Gift Aid.
8. Click **Create your page.**
9. Your Fundraising Page is now set up and ready to accept donations. Its now time to personalise your page. Add in your fundraising goal and a bit about why you have decided to support the charity. Remember to add in pictures and update you page regularly.

Other Ways To Donate

Post: You can post cheques made payable to: **Northern Ireland Music Therapy Trust**, Unit 4 McKibbin House, Eastbank Road, Carryduff, BT8 8BD.

Online: Visit our website at: www.nimusictherapytrust.co.uk and make a donation with a debit/credit card.

Bank transfer: If you would like to forward your donation by making a bank transfer, please give us a call on **02890 814417** or email the office for our details at:

info@nimusictherapytrust.co.uk



Merchandise

We do have a full catalogue of merchandise upon request. Our staff are working remotely and are in the office when necessary, so please be mindful of what you might need and submit your request for merchandise and branded material as quickly as possible to:

EMAIL: fundraising@nimusictherapytrust.co.uk



MAKE YOUR OWN BUNTING



SPONSORSHIP FORM

I'm fundraising for Northern Ireland Music Therapy Trust. Every donation helps support the power of music therapy to transform lives.

MY
GOAL

£



ABOUT US

Northern Ireland Music Therapy Trust is a charity using music to improve health and wellbeing across Northern Ireland. We work with children, young people, adults and older people facing a wide range of challenges. Through professional music therapy we support emotional wellbeing, communication, rehabilitation and quality of life.



GIFT AID

NI Music Therapy Trust can claim an extra 25p for every £1 you donate at no extra cost to you!

Please tick the Gift Aid box below if you are a UK taxpayer and would like us to Gift Aid your donation.

Full Name	Address (We require your full address and postcode to be able to claim Gift Aid)	Postcode	Amount £	Gift Aid (Please tick)	Donation Received (Please tick)
				☐	☐
				☐	☐
				☐	☐
				☐	☐
				☐	☐
				☐	☐
				☐	☐
				☐	☐

giftaid it

GIFT AID DECLARATION

I am a UK taxpayer and I want Northern Ireland Music Therapy Trust to claim Gift Aid on all donations I have made in the past 4 years and all donations I make from the date of this declaration until I notify you otherwise.

Name: _____ Date: _____

Signature: _____

Please notify the charity if you: want to cancel this declaration, change your name or home address, no longer pay sufficient tax on your income and/or capital gains.

How your fundraising can make a difference

£26

Could help pay for one hour of a music therapist time.



£50

Could help pay for PPE equipment for one therapist for the year to help protect our most vulnerable clients from infection.



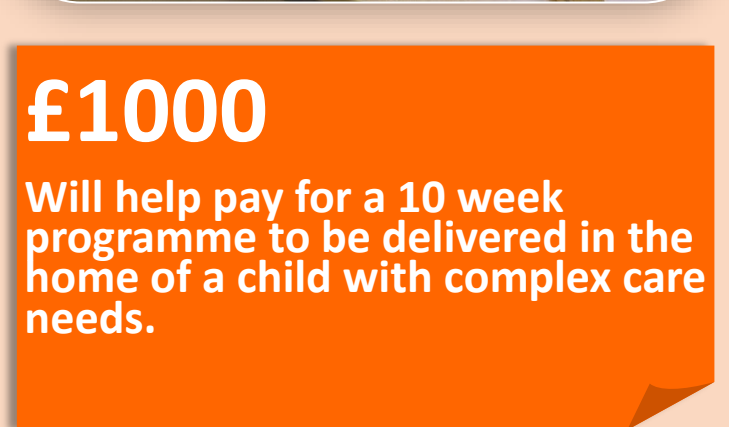
£300

Could help pay for a group workshop for a family member in palliative care.



£500

Could help pay for a full set of musical instruments for one therapist.



£750

Could help pay for a 13 week programme in a secure mental health setting for young adults with eating disorders or addiction.

£1000

Will help pay for a 10 week programme to be delivered in the home of a child with complex care needs.

Fundraising Ideas

Every note you play helps change a life.

Your support helps us provide life-changing music therapy to children, young people and adults across Northern Ireland. Whether you fundraise as an individual, with friends, school, or at work – every pound makes a powerful difference.



Big or small,
your fundraising
helps people
find their voice
through
music.

FUNDRAISING IDEAS



Get Active

Take on a challenge – run, walk, cycle or swim for Northern Ireland Music Therapy Trust.



Celebrate & Donate

Celebrate a birthday, wedding or anniversary and ask for donations instead of gifts.



Bake Sale

Organise a bake sale at school, work or in your community. Sweet treats, even sweeter impact!



Workplace Fundraising

Dress down days, coffee mornings, quiz nights and challenges – small actions create big change.



Music Marathon

Host a sponsored sing-along, busking session or music performance. Share the joy of music!



School Support

From non-uniform days to music-themed events, students can make a big difference.



Raffle or Auction

Ask local businesses to donate prizes and hold a raffle or auction at your event.



Think Outside the Box

Have your own idea? We'd love to hear it! Get creative and make it yours.

HOW YOUR SUPPORT HELPS



Provides life-changing music therapy sessions.



Supports children, young people and adults with additional needs, mental health challenges, and more.



Helps people express, connect and build confidence through music.



Creates inclusive opportunities across communities in Northern Ireland.



Registered with
**FUNDRAISING
REGULATOR**

Thank you for supporting

**Non Uniform Day – Dress Up as Your Favourite
Music Icon fundraiser**

**We hope you had fun showing off your favourite
music legends and being part of such a
fantastic day!**

**Together we raised funds, shared smiles,
and made memories.**



www.nimusictherapytrust.co.uk